



AFTER-CARE INSTRUCTIONS FOR

Veneers

- You may experience some sensitivity to hot or cold foods and liquids, as well as when you chew. This sensitivity can last for a few days or even several weeks. As long as the sensitivity gets better with time, it's completely normal. If it gets worse, please do not hesitate to contact our office.
- If you have some swelling or soreness, we suggest over-the-counter pain relievers, such as ibuprofen (Advil), naproxen sodium (Aleve), or acetaminophen (Tylenol) for effective relief, especially if taken before you feel any discomfort.
- You may have received a prescription-strength, antibacterial mouthwash containing chlorhexidine (Perio Rx or Peridex). It should be swished in your mouth for at least one to two minutes and spit out. THEN brush your teeth. Continue this routine twice a day for seven to 10 days. Note: Do not drink the mouthwash directly from the bottle; use the measuring cup provided.
- You will be numb for two or three hours after your procedure. The injection site may be tender for a couple of days, and bruising is possible, but not likely.
- You may need to avoid flossing until we see you at your follow-up visit in two weeks.
- We work hard to make sure your bite is as comfortable as it was before. However, when numbed with anesthetic, it is sometimes difficult to be sure that your teeth are in perfect alignment at the time of treatment. If your bite doesn't feel perfect after the anesthetic wears off, contact our office. DO NOT TRY TO GET USED TO IT. If not adjusted, you could fracture your filling, or your teeth may become sensitive.
- Whenever something new is in your mouth, your lips, cheek, and tongue must readjust. At first, you may bite yourself occasionally, but the issue should remedy itself within a few days or weeks.

- Smile often!

IF YOU HAVE ANY QUESTIONS OR CONCERNS, CALL

952-593-9310